2015 Spring Newsletter



Planting Hope for the Future!



New Opportunities Spring Forth at EChO

www.EvergreenChristianOutreach.org

The mission of EChO is to provide assistance to residents of the Evergreen mountain communities who are unemployed, under-employed, dealing with a long term illness, or experiencing other forms of personal crisis.

Board of Directors

Mike Reid, President
Mark Hines, Vice President
Kelly Haley, Treasurer
Linda Smith, Secretary
Jan Aitken
Mike Bornhouser
John Ellis
Ruth Krauss
Art Martin
Gretchen McArthur
Cathleen McManus
Bud Madigan
Frank Pasqua
Judy Sherman
Nancy York

Changes to our Board of Directors and Officers

We would like to welcome our new officers Mike Reid, President and Mark Hines, Vice President along with two new Board members Gretchen McArthur and Cathleen McManus – congratulations.

To our outgoing Board members Mike Gies, Bob Jones, Carla McFadden, Dorinne Reid and Randy Reznik – thank you for your support and service.

EChO would especially like to thank Liz Hawkins for 2 great years as Board President. Liz has done a tremendous job and will be a hard act to follow. Her dedication and passion for EChO is a real inspiration and we are thankful for her support, assistance, and friendship. We have made major accomplishments as an organization under her leadership. So, thank you Liz! You'll still see Liz around helping on the Fundraising Committee and cochairing the Turkey Trot as well as in The Studio helping with creations.

Contact Us:

Evergreen Christian Outreach

P.O. Box 1515 Physical Address: 27640 Hwy 74

Evergreen, CO 80437-1515 Phone: 303-670-1796 Fax: 303-679-2721

Enrichment Center: 303-670-7123

Office Hours

Monday 10 am - 6 pm

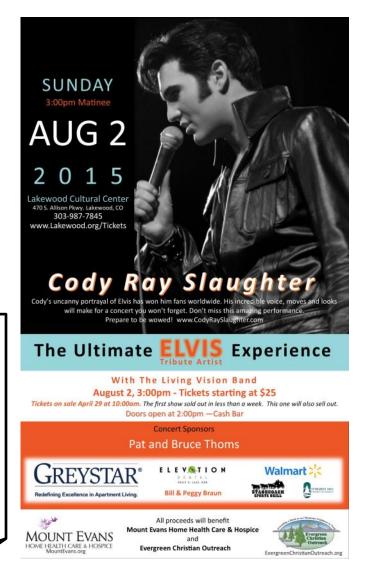
Tuesday, Wednesday and Thursday 10 am – 4 pm

EChO Resale Shop: 303-679-8280 3763 North Evergreen Parkway

Located in the Evergreen North Shopping Center echoresaleshop@evergreenchristianoutreach.org Store hours – Monday- Saturday 10 am – 5 pm Donations accepted Mon-Sat 10 am – 4 pm

info@evergreenchristianoutreach.org

We would like to thank *Pat and Bruce Thoms* who are producing a Benefit Concert featuring the 2011 Ultimate Elvis Tribute Artist, Cody Ray Slaughter on August 1, 2015, (SOLD OUT) and August 2 at 3pm, at the Lakewood Cultural Center to benefit Evergreen Christian Outreach and Mount Evans Home Health Care and Hospice. 100% of the ticket sales will go to the two non-profits. Tickets can be purchased online at www.Lakewood.org/Tickets, by phone at 303-987-7845, or to avoid additional handling fees, tickets are available at the Lakewood Cultural Center Box Office. This show will sell out quickly. Get your tickets today and help support two great causes.



Message from the Executive Director Sharon Smith



What a wonderful time of year! As we transition from the dark and cold of winter to the warmer and longer days of spring, you can't help but feel a renewed sense of energy. All around us things are beginning to bloom and new life is beginning to emerge.

New transitions and transformations are happening at EChO too. Every day we see individuals and families come into EChO, some for the very first time. Often times they are in a "very dark place" and feeling quite overwhelmed and without hope. It may have been the loss of a job, a recent illness, an unexpected major expense, an eviction, or perhaps they just didn't have enough money for food, and they are hungry. Whatever the reason, we are happy that they came to EChO and we do our best to help them transition from the crisis at hand and offer them the resources to move forward.

For the past 28 years EChO has been there to provide food, clothing and limited financial assistance to families in crisis. And, while we continue to do this, we have also worked hard at cultivating and developing new programs that are focused on helping our entire community. Partnerships and collaborations with other nonprofits, government agencies and businesses are being developed to bring additional resources and programs to our mountain community. The EChO Enrichment Center, located in the Evergreen North Shopping Center by our EChO Resale Shop, is offering programs through the EChO Jobs Center for anyone in the community seeking help with obtaining employment. We are also offering educational programs to learn new skills or improve existing ones. The EChO Studio will provide opportunities for anyone wishing to get in touch with their "inner artist" and have some fun creating items to be showcased in our EChO Resale Shop. Look for classes on ways to take some "Resale Treasures" and transform them into new creations!

As we grow and expand our programs and services, I invite all of you to stop by and see what we are doing. If you have never visited the food bank – stop by and we'll give you a tour. If you are shopping at our Resale Shop, take a moment and visit the Enrichment Center. You may discover opportunities for personal growth – through upcoming classes or volunteering!

We all need to keep learning to grow. Our life experiences help us grow, and the opportunities presented help us thrive. I really believe the more we grow, the better we become!

Happy Spring . . . may you all bloom and grow into the beautiful person you are meant to be.

Sharon

EChO STAFF

Sharon Smith Executive Director

Janice McClure Family Services Manager

Kim Savage Family Services Manager

> Cindy Costello Bookkeeper

Art Robbins Food Bank Manager

Lynn Kutalek Food Bank Assistant Manager

Mary Petrich Volunteer Services Director

Jessica Breemen Front Desk/Office Assistant

Jennie Page Jobs Program Director

Lori Frease Development Director

EChO RESALE Staff

Kim Gaudet Manager

Roxann Berland Floor Supervisor

Lisa Stewart

Backroom Supervisor

Rick Lynch Warehouse Supervisor

Walter Dominguez
Warehouse Clerk/Driver

April Taylor-Green Samantha Austin Mary Sousa Donation Clerks

Christine Lapointe Floor Merchandiser

Paula Mann Karen Triberti Cashiers

ECHO IS ON FACEBOOK!

Please check us out! "Like Us" and "Friend Us" to keep spreading the good news.

Evergreen Christian Outreach and

EChO Resale Shop



Help Earn Money for Food Bank



EChO is collecting Box Tops for Education. Send your box tops in and/or donate food with box top labels.

Drop at Resale Shop or the Food Bank.

EChO Jobs Program

at the Enrichment Center Jennie Page, Director

EChO's new Jobs Center opened on January 6th and has supported 25 individuals, with more coming daily. These members of our community have collectively visited over 60 times so far to receive one-on-one resume writing assistance, attend workforce workshops, obtain job coaching, and to utilize our computer resources. Most Jobs Center participants have jobs and want to find greater employment opportunities or change careers. We focus on providing personalized support with job coaching to create a job search and/or networking plan and know that networking in our wonderful mountain area is the key to finding meaningful employment.

This spring we are excited to foster connections with new organizations to provide critical support that our community needs to increase access to greater job opportunities. Mountain Reads will utilize our space to provide GED tutoring and we hope to have the Evergreen Library computer instructors provide classes at our location to meet the demand for computer courses from our community. We will also start discussions with Red Rocks Community College regarding how to use the Jobs Center to bring online education to our mountain residents lacking access to the internet and education advancement.

EChO Jobs Center is once again partnering with the Mountain Resource Center to host the Mountain Area Job Fair on May 12th at Aspen Ridge Church from 3:00pm to 6:00pm. The last two job fairs successfully linked more than 50 businesses with over 200 job seekers interested in working in our mountain community. The EChO Jobs Center will provide robust "Prepare for the Fair" events the last week of April and the beginning of May to help individuals prepare resumes and practice interviewing. We will also unveil our "Best Foot Forward" program in late April, EChO's own Dress for Success, to provide job fair participants with education and professional clothing to make the best first impression.

If you are interested in supporting the magic happening at EChO's Jobs Center or helping with the upcoming Job Fair, we would love to have you get involved.

303-670-7123 jennie@evergreenchristianoutreach.org

The EChO Studio

at the Enrichment Center Janice McClure

EChO Studio is open to anyone in the community who wishes to explore and utilize their creative talents. We are looking for teachers who would be willing to teach sewing, knitting, crocheting, painting, jewelry making and card making. We are also looking for volunteers would like to make these items which are made from repurposed items or donated supplies. These treasures are then sold in the Resale Shop or at local fairs to help support our programs. If you are interested in this unique opportunity, please contact Janice McClure at 303-670-1796 or Janice@evergreenchristianoutreach.org.





Food Bank

Art Robbins, Manager Lynn Kutalek, Assistant Manager

Food Bank Continues to Focus on Nutrition

In 2014, EChO adopted the USDA Food Pantry nutrition model and applied it to the food bank nutrition plan. We are continuing this effort to improve nutritional value and overall food quality through this year and beyond. Our efforts include monitoring freshness dates, specifying needs to supplement Food Plate guidelines, and creating an in-house nutrition panel to provide recipes and nutritional guidance to further this goal. *Hope grows with good nutrition!*

Similarly, we continue to encourage staff, board members, local donors, shoppers and volunteers to all become partners with the food pantry and to a larger degree, throughout our service area. It takes all of us to make the food pantry successful, and this carries over to the greater community as a whole. Area grocery stores continue to play a major role, providing several thousand pounds of food every week. And local donors like yourselves provide significant amounts as well.

As part of our continuous effort to improve nutrition and the freshness of produce, we've ordered seeds and starts from the Denver Urban Garden group (DUG). These will be planted in the EChO plots of the Evergreen Community Garden and shared with shoppers who have gardens of their own. Several of our shoppers also have their own plots at Bergen and will be given seeds for their own use. The produce from the community garden is shared with the EChO Food Bank so all can benefit from fresh locally grown produce.

Local churches provide hearty soups in many varieties which are served every day the pantry is open. They are delicious, very nutritious, and much appreciated by shoppers and staff alike. We're currently preparing for a large donation drive spearheaded by a local church and we look forward to the bounty of this major effort. It is shared per capita with 3 other area food banks, spreading hope with this generous gift. The summer lunch program is gearing up, and we served 180 families and 377 meals.

Other Upcoming Events

Concerts and other local benefits routinely bring the need for feeding our neighbors to the foreground, reminding all of us of this urgent need. This willingness of others to promote EChO is a key indicator our community is engaged and involved in providing food for our neighbors in need.

Every effort, regardless of size or quantity, from scout troop, grocery store, to major church donations, make up the partnership growing hope in Evergreen and the surrounding area. It takes all of us to create a caring community and Evergreen continues to increase involvement in this worthwhile operation. If you have interest in helping, either by donating or volunteering, there are many opportunities here for everyone! Come together and help grow hope.

EChO's Family Services

Janice McClure Kim Savage

This has been a busy month for Family Services! Just today, we were able to help two new families, both of them men who unexpectedly lost their jobs this past week. We were able to assist them with food, pay a bill or two, and give them new hope by referring them to Jennie Page in the Jobs Program!

They were both extremely excited and grateful to receive EChO's food and financial assistance, and very motivated to start working with Jennie on new job prospects. Since they are both fathers with children in the home, employment is a primary concern. With the support and encouragement of everyone here at EChO, I'm sure these two families will be back on their feet very soon!

~Kim Savage

When one's life is going smoothly, and everything is under control, it seems as though it will always be that way. It doesn't take much to change all of that--a marriage break-up, legal problems, loss of a job, serious illness or injury, death in the family--and suddenly you're in crisis. We see it everyday here at EChO, and it can be heartbreaking. I've had several individuals lately that say they never thought they'd be asking for help, yet here they are with an eviction notice or a disconnect notice from Xcel. They are so grateful that we are here to address their immediate needs, listen to them and give them hope, and help them get back on the road to self-sustainability. And I am grateful that we can help them.

~Janice McClure

FOOD BANK NEEDS

- Hearty Soups/Stews/ Chilis
- Cold & Hot Cereal
- Beans—black, pinto, refried and kidney
- Toilet Paper
- Pullups
- Laundry Soap
- Dish Soap

- Toothpaste
- Razors & Bar Soap
- Toothbrushes
- Suga
- Whole Grain anything
- Canned Fruit
 - Gift Cards \$5-\$25 Walmart, King Soopers, Safeway

BOLD indicates urgently needed items

EChO Resale Shop Kim Gaudet, Operations Manager

For new customers or ones that haven't been in the store recently, this spring brings a fresh, new look for our resale shop. We are three fourths done with our remodel. This remodel combines the furniture store that was in the south wing and connects it to our existing store on the north wing of the complex. Combined, the store is over 10,000 square feet of resale shopping heaven! You will still find everything under the sun, amazing treasures, valuable finds and as usual great bargains.

The last fourth of our remodel will be moving our furniture warehouse over to the north wing. We will do this as soon as Shipping Depot occupies the front space on the south wing. Rumor has it... Evergreen North Shopping Center will have a sandwich shop or small restaurant with possible courtyard dining following in the near future.

Our Grand Opening for this amazing remodel will be May 16th 2015 from 10:00 am to 5:00 pm. There will be music and food, a book signing, drawings and giveaways and of course fantastic sales! Later this summer we will hold a LIVE AUCTION. Come enjoy wine and hors d'oeuvres and bid on spectacular items of artwork, jewelry, china, pottery, furniture and much more.

As always, EChO Resale Shop would like to thank our very generous community. All the donations that we receive are sold and the proceeds assist Evergreen Christian Outreach in giving renewed hope and support to many in need in our mountain community. THANK YOU!



New Faces AT EChO



Changing of the Guard at EChO Food Bank

After four years as Food Bank Manager, Jim Shelton retired to spend more time with family and travel. Jim wore many hats at EChO; gardener, IT guy, handy man, pest control to mention a few in addition

to Food Bank Manager. He handed off his many hats to Art Robbins at the end of the year.

Art is a fourth generation Colorado native. Graduated from Westminster High and Colorado State University. He worked in the Telcom industry for 23 years mostly in corporate finance and cost modeling for regulatory reporting and pricing considerations. He left the industry in 1998 and worked for the family in-floor radiant heating business as comptroller for a few years and then started his own heating business. He prepared insurance audits and loss control inspections as an independent contractor for multiple insurance firms. Primarily semi-retired in 2014 until this opportunity came along. He provided the heat for Habitat for Humanity homes here in Evergreen from 1998 until 2006 in 19 family units and was a board member at large for four years then board president for four.

Art has been married for 38 years, he and Debra have two adult daughters, one who lives locally and the other in Boston. One granddaughter so far. He enjoys birding, biking, hiking, golf and watching movies. "Also should mention I (we) really enjoy Skyping with the grand daughter and spending time with our daughters".

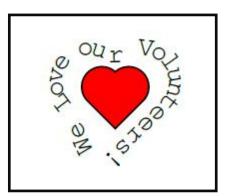
Art and Lynn Kutalek (Assistant Food Bank Manager) will continue to strive to improve the nutritional values of all we provide; ensure we minimize the "tired" product to maximize its usefulness; be good stewards of the program and by extension, the environment; maximize the experience for every volunteer; solicit new volunteers and explore opportunities to expand the reach of our program.

Volunteer Spotlight Mary Petrich, Volunteer Services Director

Seeds of Inspiration

As EChO's scope and services expand there is an abundance of innovative ways for volunteers to share their talents.

If digging in the dirt and planting seeds are your passion, EChO's plots in the community garden are awaiting your attention. Enjoy the sunshine and grow vegetables that will supply the food bank with fresh produce from the harvest. The protected plots allow the unique opportunity for Evergreen gardeners to feed hungry mouths that are not attached to elk.



If your inspiration is in the creative realm, the Enrichment Center Studio is seeking artisans of every variety. If you paint, sew, knit, make jewelry, build birdhouses or have any kind of passion to share, EChO needs you. The Enrichment Center offers beautiful studio space, machines and materials. There are several classes already in operation. Be inspired! Teach a workshop or take a workshop. Participating in either capacity will help support programs. Go to the Evergreenchristianoutreach.org website and take a look at the Enrichment Center Studio Calendar. Call or email Mary for more information: 303-670-1796: mary@evergreenchristianoutreach.org

Upcoming Events—MARK YOUR CALENDAR

April 25/26—Mountain Area Home and Garden Show at Conifer High School. Stop by and check out what The Studio has created for your gardening and home needs (see page 4)

May 1—Volunteer Brunch at Hiwan Country Club

May 12—Mountain Area Job Fair at Aspen Ridge Church

May 16—Resale Grand Opening Come see the completed 10,000 square feet all in one space. 10-5pm. Food, music, basket give-a-ways.

Summer TBD—Live Auction with over 75 items to be auctioned off. Spectacular items of artwork, jewelry, china, pottery, furniture and much more.

June 1st—Summer Lunches begin.

June 13—9Cares Colorado Shares at King Soopers in Evergreen. All food collected goes directly to EChO.

June 18—100 Holes of Golf, Evergreen Rotary

July 11 & 12—Triple Bypass Bicycle Race

July 20—Mountain Foothills Golf Tournament

August 2—Elvis Tribute Concert to benefit EChO see page 2 for details

Summer TBA—Music in the Meadow

August 11-13—Back to School Shopping

September 12—Big Chili Cook-Off

November 14 & 15—Alternative Gift Fair

November 18/19 & 23/24—Holiday Meals

November 20—Thanksgiving Concert

November 26—6th Annual Turkey Trot

December 8—Colorado Gives Day

December 16/17 & 21/22— Holiday Meals

For more specifics on each of these events check out our webpage. EvergreenChristianOutreach.org

If you wish to receive your newsletter by mail, please submit your email address to: lori@evergreenchristianoutreach.org

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Cont. from Page 5 (Food Bank)

Summer should be a fun and enriching time for all kids, but for many it represents a time when children are at the greatest risk of experiencing hunger, losing access to school meals. Our Summer Lunch Program was established to fill the nutritional gap throughout the summer months and serve as a safeguard for children eligible for free or reduced-price meals during the school year, particularly those in households who may not know when or where they will get their next meal.

Free, nutritious meals are provided to children and teenagers at the food bank. There are no income or registration requirements for participation. Anyone in the community that is struggling with feeding their children this summer can come to EChO for help.





Did you know?

- Nearly 1 in 5 Colorado kids may not know when or where they will get their next meal.
- More than 1 in 4 working families in Colorado do not have enough food to meet their basic needs.
- Colorado has the third-fastest growing rate of child poverty in the nation, with more kids living in poverty during 2012 than the worst of the Great Recession.
- This is the first time that kids have a lower life expectancy than their parents because of their diet.

Our program has grown from 32 kids 4 years ago to 182 kids last year. If you would like to help sponsor a child for \$25/month you can do it with a one-time donation or a monthly donation online through Colorado Gives. We will be gearing up in May by ordering the food and preparing for the summer months.



EChO Evergreen Christian Outreach P.O. Box 1515 Evergreen, CO 80437-1515

Return Service Requested