



EChO

Fall 2013

FIRST ANNUAL JOBS FAIR – November 7th, 9:00am-1:00pm, at Wulf Rec Center. This is open to the public and is **FREE**. We have many businesses lined up; Walmart, King Soopers (Conifer & Evergreen), Home Depot, Safeway (Conifer & Evergreen), Canyon Courier—Resume Writing, Evergreen Park & Recreation District, Evergreen Car Wash & Detail, Beau Jo’s Pizza, Smiling Moose, Mountain Taxi, Rocky Mountain Safety & Security, Walgreens, EChO Resale, Southeast Cleaning, Walgreens, Evergreen National Bank, Aflac, Best Buy - Golden, US Army, Navy, Marines and US Coast Guard, EChO Resale, Jefferson County Govt., Isle of Capri, Crow Hill Insurance, Wendys (Evergreen and Conifer). Evergreen Chamber of Commerce.

ANNUAL ALTERNATIVE GIFT FAIR. NOVEMBER 9TH & 10TH - Come shop for fabulous handmade crafts, jewelry, textiles, food and other gift items offered by over 50 non-profit organizations. All proceeds go to help local, national & international charities! EChO will have a booth.

CANNED AND BOXED FOOD DRIVE BY 9 CARES COLORADO SHARES - November 16th 7:00am-4:00pm. Head on over to King Soopers in Bergen Park to make your donation. The food donated through this event goes to make our Thanksgiving baskets for families in need. We will also be accepting donations of gently used seasonal clothing, new toys for holiday gifts and gift cards. Visit our web page for a shopping list. Our truck will be in the parking lot for drop off or simply leave food in the EChO carts. If you can't make it this day come see us Mondays 10-6pm Tuesdays-Thursdays 10-4pm.

ECHO THANKSGIVING FUNDRAISER, NOVEMBER 22ND at the Muddy Buck with John Erlandson. This annual event is always a packed night of fun, music and community in Evergreen. \$10 cover/suggested donation to ECHO as well as canned goods or even bags of groceries to fill their food bank this time of year.

SIGN UP FOR THE ANNUAL TURKEY TROT - Thursday, November 28. Race starts Thanksgiving morning at 9am and runs from EChO to Evergreen Lake House and back. All proceeds benefit EChO's food bank. See website for registration.

**EVERGREEN
ChRISTIAN
OUTREACH
PRESENTS
THE FOURTH
ANNUAL
TURKEY
TROT
NOVEMBER
TWENTYEIGHT
2013**



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Message from the President

Elizabeth Hawkins

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Caring... Compassionate... Community

Evergreen Christian Outreach is truly blessed to have an amazing community comprised of the most caring, generous, loving people in the mountain communities. Every day we experience the compassion of individuals as they walk into the food bank carrying cans of soup, peanut butter or toilet paper. Individual donors, church groups, service organizations, scout troops, schools and individual classes all realize and believe that our neighbors should not be hungry.

When people come to the food bank whether it is with a car load or one bag of groceries, they are greeted by our hearty volunteers. Our volunteers, some 250 strong, choose whether to spend time in the food bank, the clothing bank (aka St. Raphael's) or at EChO Resale Shop. Everyone fulfills their passion for volunteering by helping others in need.

Our EChO staff members have the largest hearts on earth. Each person genuinely cares about the clients who enter our offices or the shoppers who enter the store. It is not easy for our clients to walk through the door and ask for help. Many never thought they would be in the position they have come to but the warmth and care extended helps ease the difficulty.

If you are reading this, you are already a part of this compassionate community. If you have a neighbor or friend who has a heart as big as yours, invite them to join us to keep our mountain communities moving forward in a positive direction.

Liz Hawkins

Contact Us:

Evergreen Christian Outreach
P.O. Box 1515 Physical Address: 27640 Hwy 74
Evergreen, CO 80437-1515
Phone: 303-670-1796
Fax: 303-679-2721
St. Raphael's: 303-670-7123
Office and St. Raphael's Hours
Monday 10 am – 6 pm
Tuesday, Wednesday and Thursday 10 am – 4 pm
EChO Resale Shop: 303-679-8280
3763 North Evergreen Parkway
Located in the Evergreen North Shopping Center
echoresaleshop@evergreenchristianoutreach.org
Store hours – Monday- Saturday 10 am – 5 pm
Donations accepted Mon-Sat 10 am – 4 pm
info@evergreenchristianoutreach.org

Put the turkey in the oven and come join us for our
4th Annual Turkey Trot

Thursday, November 28, 2013.
Packet pickup & Registration 8:00am
Race Starts at 9:00am.

- \$20 for an adult/before November 14th
- \$25 for an adult/after November 14th
- \$10 for a child (12 and under)
- \$60 maximum for a family

Register online at
evergreenchristianoutreach.org
or pick up forms at
EChO Office
or
EChO Resale



Message from the Executive Director

Sharon Smith

“When you do nothing, you feel overwhelmed and powerless. But when you get involved, you feel the sense of hope and accomplishment that comes from knowing you are working to make things better.”

- Pauline R. Kezer

Isn't that a great quote? The first time I read this I immediately thought of our work here at EChO. Our staff, volunteers and supporters are all working to make things better for our neighbors and our community. Every day we are involved in “giving hope” to others – the hope for a better tomorrow.

When people first come to EChO, many are feeling overwhelmed and believe that they don't have many options to improve their situation. “I don't know what to do” is a common phrase heard during that initial interaction with staff. Many feel powerless, having had situations or life events turn their whole world upside down. It's amazing how quickly things can spiral out of control, even for folks who thought they were prepared to handle the ups and downs of life.

Getting people actively involved in their own life again is one of the gifts that we can offer our clients. It is so empowering to be told you have choices, and there are options! Our first priority at EChO is dealing with the immediate and most urgent needs that an individual may have. For many, it's not having enough food to eat or their utilities have been turned off. Often times there is a big sigh of relief, or even tears, when help is offered to address these needs. When a big burden is lifted from your shoulders it is easier to look forward to the future with hope. Programs such as the EChO Jobs Center and our education assistance funding help get individuals excited about the possibilities that may be available to them.

And our clients are not the only ones benefiting from their interactions at EChO. Staff and volunteers see firsthand the transformation that is possible when help is given, and there is no better feeling than knowing you have made a difference in someone's life. To our many donors and supporters – your generosity makes this happen. Perhaps you have brought food to the food bank, donated clothing or furniture to Resale or St Raphael's, purchased gifts at Christmas to donate to those who may not be able to afford gifts, attended an EChO fundraiser, made a financial contribution on Colorado Gives Day or made a donation on-line or by check; or perhaps you donated your time and talents by offering your services to others – you are a true giver of hope and we thank you. Together we can accomplish so much – and it feels so good!

Blessings, Sharon

EChO STAFF

Sharon Smith
Executive Director

Cathy Baim
Director of Client Services

Cindy Costello
Bookkeeper

Jim Shelton
Food Bank Manager

Lynn Kutalek
Food Bank Assistant Manager

Mary Petrich
Volunteer Coordinator

Kelly Flynn
Front Desk/Office Assistant

Bonnie Imoe
St. Raphael's Manager

Patti Stone
St. Raphael's Assistant Manager

Lori Frease
Development Director

EChO RESALE SHOP

Kim Gaudet
Manager

Roxann Berland
Assistant Manager

Lisa Stewart
Backroom Supervisor

Mike Coleman
Furniture Room Supervisor

Walter Domiiguez
Grayson Evans
Richard Lynch
Furniture Donations Clerks

Inez Sharp
Kristen Keegan
Donation Clerks
Christine Lapointe
Floor Merchandiser

Paula Mann
Karen Triberti
Cashiers



Mission

The mission of EChO is to provide assistance to residents of the Evergreen mountain communities who are unemployed, under-employed, dealing with a long term illness, or experiencing other forms of personal crisis.

EChO's Client Services

Cathy Baim, Director of Client Services

As we recover from our country's national recession/depression, most individuals needing assistance are grateful EChO is here to help sustain them during their time of need. The goal of EChO Client Services is to move those seeking assistance toward sustainability, give them hope and education. The programs EChO has developed to assist in their movement forward toward sustainability are:

EChO Jobs Programs:

- Individuals sign up for an **all day** workshop to discuss how to improve their job search possibilities. The workshops are held once a month from 8 am to 4 pm
- Once individuals complete the workshop, they are assigned a job coach who works with them one-on-one helping with resumes, introduction letters, experience practicing interview skills, and etc.
- The next step whether they have a job or not is to attend a **half-day** workshop on '**Once You Have a Job, How to Keep It**'. This workshop is held once a month.
- Our first '**EChO Job Fair**' will be held Thursday, November 7, from 9 am to 1 pm at Wulf Recreation Center. Employers from the community will be present. The job fair is open to our mountain community.
- Best Foot Forward is our equivalent to Dress for Success and is located upstairs at St. Raphael's, EChO's resale for clients. An appointment is needed to access the special clothing available for job seekers that have attended our EChO's Jobs Program. The clothing is for job interviews, and/or appropriate work clothing once a job is attained.

Budgeting Program: A once a month **half-day** workshop to explore how to budget effectively for yourself and family.

Divorce Group: A 10-session divorce group meets on Mondays from 6:30-8 pm Both divorced or soon to be divorced men and women are invited to join.

Counseling: Individual and family counseling is available to our clients at no charge. (We currently have two graduate students from Denver Seminary who can meet with those needing counseling assistance.)

The response to these programs has been very positive. Almost half of the job seekers who have attended the jobs workshop are employed. Once job seekers attend the workshop and are assigned a job coach, their attitude and outlook become more positive. We have even had a few job seekers attend the workshop for a second time for a refresher course—an attitude enhancer.

These programs are open to those in our mountain community as well as individuals in need of other services EChO provides. Please help us spread the word about EChO's programs. Thank you for your support of EChO!

One of the Job Seminar participants (pictured on front page) was the first patron of the Career Closet. Her job coach was unavailable so wardrobe consultation was provided by the St. Raphaels crew. She was outfitted from head to toe. For everyone involved it was an inspirational experience. Her confidence and self-esteem are evident in the photo. Her interview was the next day. She was hired and started her new job on October 1.

In her words: *"At a time when there is a lot of economic uncertainty, not having a job or leaving your job to make a career change can be quite challenging and stressful. I knew that for every job available in my field of expertise there was a significant amount of applicants seeking the same job opportunities. By attending the job seminar, and receiving the ongoing guidance and support from my job coach, I was able to focus on possibilities instead of barriers to employment, and to develop a new vision for my job search and career."*

EChO Gardens with EAS+Y

Jim Shelton, Food Bank Manager



We are gardeners! Evergreen Sustainability + You (EAS+Y) organized a community garden in Buchanan Park this spring, and EChO was right there helping to build it, to garden in our plot, and to encourage our clients to do their own gardening.

Growing healthy food directly is a great way to ensure food security, learn where our food comes from, and increase the amount of organic food in our diets. Big thanks go to Rachel Emmer of EAS+Y who involved the Food Bank in planning two years ago and successfully brought the garden to reality this May.

We have four EChO clients with plots, made affordable by a half scholarship from EChO for plot rental. There were a number of Food Bank volunteers helping EChO and EAS+Y throughout planning, construction, and maintenance, especially Jay Tierney and Richard Bamerick. Evergreen Rotarians lead by Hanna Holt and Ted Ning gardened their plot on our behalf. We initiated an EChO box at the garden where other folks could leave their surplus for our clients.

Thanks go to the Parks family for getting our plot organized and equipped, to Christine Emery and RMAE volunteers for weeding, watering, and harvesting (see picture) through the summer, Evergreen Rotary for supporting our needs with their produce, and Pat Korbel with Liz Hawkins who created EChO signage in the garden. Also, thanks to Pat for stepping in mid-summer to keep our plot moving forward, including delivering its bounty to the Food Bank.

We garnered nearly 400 pounds of produce from the Community Garden in spite of the "biblical" weather this year! With planning and an early start next year, we expect to significantly increase this result. Adding to this effort was produce from the Bergen Farmers' Market, Safeway, and Walmart. Fresh food is a valuable ingredient for our clients' healthy diet!

If you'd like to be involved in the community garden or next year's EChO gardening, contact Jim or Lynn at the Food Bank, 303-670-1796.

*Hearty Soups	Canned Ravioli
*Cold Cereal	& SpaghettiOs
*Canned Fruit	Toothpaste
*Toilet Paper	Razors & Bar Soap
*Diapers – size 3,4, or 5	Toothbrushes
*Spaghetti sauce	Chicken Noodle Soup
Canned mixed veggie	Laundry Soap
Canned Beans & Chili	Cookie Mix & Frosting

St. Nicks at St. Raphael's

Bonnie Imoe, Manager

This holiday season, our annual St. Nick's gift boutique will be held on the upper floor of St. Raphael's offering *main* gifts to around 300 children up to age 18. Between December 16 -19, parents can shop for Christmas gifts for their children, thanks to caring supporters like you. Without the support of our community, many of these children might have nothing to open on Christmas morning! If you would like to contribute any heart-warming gifts for these less fortunate children, please visit our webpage for shopping list. Perhaps you might also have a friend to give the list to who would like to help as well. It's also a lot of fun to go Christmas shopping together, just grab the gift ideas list & have a blast!

We are also looking for adult and senior gift items so that clients may utilize St. Raphael's to shop for gifts for friends & family if gift items are available. Examples of much needed items for adults include but are not limited to: new & like new kitchen appliances, dishes, drinking glasses, coats, snow boots, hats & gloves, king & queen bedding, towels, pots & pans, socks & underwear. Fun gifts & decorative items also bring bright smiles to their faces.

Your gift donations will be gratefully accepted at St. Raphael's during business hours (Mon. 10-6, & Tues., Wed., Thurs. 10-4). Please feel free to contact us @ 303-670-7123 if you have any questions or if you are unable to drop off your donations during business hours & we will be happy to work with you. Thank you all so much for your generous heart-warming contributions!

**PLEASE VISIT THE WEB PAGE
EVERGREENCHRISTIANOUTREACH.ORG
FOR A ST. NICK'S SHOPPING LIST**

*Microwaves	Coffee Makers
*Men's Shoes & Jeans	*Toasters/Toaster Ovens
CD/Cassette Players	DVD/VHS Players
*Warm Clothing for all	*Coats for all
*King & Queen Bedding	Holiday Gifts.
*Snow Boots for all	Towels & Rugs
Alarm Clocks & Lamps	*Drinking Glasses
*New Socks & Underwear for all	
* Hats, Gloves & Scarves for all	
*New AA & AAA Batteries for St. Nick's Gifts	

FOOD BANK NEEDS

ST. RAPHAEL'S NEEDS

EChO Resale Shop

Kim Gaudet, Operations Manager

EChO Resale Shop is a huge part of our community! Our store is a fun and snazzy place to shop with amazing savings for all. It's an exciting place where people from our community can gather. Some come to volunteer their time, some come to donate their gently used goods knowing that their items are being used to change lives and some come to shop. Most are passionate about our cause and know that they are helping make a difference in our community.

Whatever the reason, everyone seems to have a good time when they visit the EChO Resale Shop! Stop by and check out the many bargains, grab a cup of coffee while you shop, or just say hello to our awesome employees who keep all the goodwill flowing. It's encouraging to see young adults come in to volunteer, after having shopped at the store with their parents as a child. It is so special to see them connect with what we do and more importantly, see them get involved in wanting to give back to their community. We have local seniors that look forward to weekly outings to visit the store. They frequently tell us that the energy in our store is so positive and caring. EChO Resale Shop has been referred to as Evergreen's everything store, and also as Evergreen's Community Resale Shop.

Recently EChO Resale Store, along with the following non profits – Habitat for Humanity, Mountain Peace/Peaceworks, Mountain Area Pregnancy Center and the Mountain Resource Center – held a "treasure hunt" at all of our resale shops. This event was designed to increase community awareness of all of our stores and the programs we support. Congratulations to Kelcy Fowler of Conifer who visited all five shops and won the drawing for five \$100 gift certificates and a chest of goodies from all of the resale stores.

As always, EChO Resale would like to thank everyone in our great community who assist us in making a difference in so many lives. We wish everyone good health and prosperity during this holiday season.



New Faces AT EChO

Elizabeth Ramsey and Bree Pederson

Elizabeth and Bree are both student interns from Denver Seminary working toward their Masters' in Clinical Mental Health Counseling. Elizabeth joined the EChO team in June 2013 and will graduate in December 2013. Bree began in August 2013 and will graduate in May 2014. Our interns have been working hard starting a divorce care group this month and will begin leading a *Feel Good Bingo* group at Green Ridge Apartments beginning in November. Both Bree and Elizabeth have been partnering with client services to provide support for the EChO community's mental health needs.

\$167 for EChO. Lisa Parks has been working with Evergreen Christian Outreach with freebies or nearly freebies. *She spent a total of \$19.00* on all of these great items. *By the way, the total bill came to \$186.00.*



To accomplish this task, she needs coupons! She has favorites that she would love to have donated. If you are able, please save the flyers for coupons from: Red Plum, Smart Source, Proctor and Gamble, and Pepsi and keep them intact.

Lisa stops by the food bank once a week. There is a box in the kitchen labeled "Coupons". Please drop them off whenever the food bank or the resale shop is open.

A Huge SHOUT OUT to Cactus Jacks.

After the flood they needed to empty their freezers and refrigerators and being the great neighbors they are they donated all the food to EChO's food bank. Lending a helping hand to those in need.



Creskide Inn

www.highlandhaven.com

Turkey Trot Sponsor

Volunteer Spotlight Fall 2013

Mary Petrich, Volunteer Coordinator

Jay Tierney (pictured on front page) moved to Evergreen five and a half years ago and shortly thereafter began volunteering for EChO. He has since become a regular fixture at both the food bank and Resale Shop. His hard work and pleasant demeanor have made him a favorite at both locations. He jokes that he is “only in it for the pizza” but he readily admits that he enjoys working for EChO. He says “It’s a great place with wonderful people.”

Jay can be found testing electronics and hauling donations in Resale’s backroom or working late Monday afternoons at the food bank often operating the wood-splitter which he dubs “his favorite toy”. If you take a walk behind the food bank building you will see large pens of stacked and split firewood. One could consider that area Jay’s playground.

Despite the fact that Jay works double shifts each week, he is also an eager participant in many of EChO’s special events. The 9 Cares Food Drive, the Turkey Trot and Salvation Army Bell Ringing are on his calendar for the upcoming months. It is volunteers like Jay that bring to life the spirit of Evergreen Christian Outreach. He is a blessing.



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www.coloradointero.com

Turkey Trot Sponsor

Eagle Scout Project to help organize St. Raphael's New Craft Room.

Josh Sperry, Eagle Scout, (pictured on front page) created the cube project for his merit badge. Josh came to us via his grandfather, Richard Sperry who works in the backroom at the Home Store and is the refinishing master craftsman. Josh created six cupboards and thirty-nine cubbies. They are spread over three walls in the upstairs craft room at St. Raphaels. This enables Bonnie Imoe, Director of Clothing Distribution at St. Raphaels to organize all the donated craft supplies for EChO's clients and in turn help them develop skills and create items they can then market for sale.

Upcoming Events—MARK YOUR CALENDAR

Nov. 1st through Dec. 25th - Food Drive at Evergreen Safeway pre-bagged food for \$10 goes to foodbank.

November 7, 9am - 1pm. Jobs Fair for Community
Wulf Recreation Center

13th Annual Alternative Gift Fair - 2013

Saturday, November 9th, 9 am to 4 pm
Sunday, November 10th, 9 am to 3 pm
Evergreen Lutheran Church
5980 Highway 73, Evergreen, CO 80439

Come shop for fabulous handmade crafts, jewelry, textiles, food and other gift items offered by over 50 non-profit organizations.

November 14th—Jobs Workshop 8am-4pm for anyone looking for employment - call 303-670-1796 for details.

November 16th - 9 Cares Colorado Shares Food Drive at King Soopers in Bergen Park

November 22nd - EChO Thanksgiving Benefit at the Muddy Buck—6:00pm-10:00pm This benefit for ECHO featuring a whole evening of local bands started in 2003 by John Erlandson.

November 28, 2013 – Fourth Annual Turkey Trot
See page 2 for details.

December 10th - Colorado Gives Day - see back page for details.

If you wish to receive your newsletter by email, please submit your email address to:
newsletter@evergreenchristianoutreach.org

EChO IS ON FACEBOOK!

Please check us out! “Like Us” and “Friend Us” to keep spreading the good news.



Evergreen Christian Outreach
and
EChO Resale Shop



**24 Hours to Give Where You Live
But you are not just limited to this day.
You can give all year round.**

Support **Evergreen Christian Outreach** on Colorado Gives Day on Tuesday, December 10, 2013. Coloradans will come together again to raise millions of dollars for nonprofits like ours. **It is our goal to continue to support the programs of EChO with year round giving – made easy by Colorado Gives.** *Donate in honor or memory of someone: Christmas, birthday, anniversary, in lieu of weddings gifts – or if you just feel like making a difference.*

Several dedicated EChO donors have made monthly commitments to EChO through Coloradogives.org. **For as little as \$10/month you can provide weekend backpack lunches for children** that on the free and reduced lunch program at school. Go to the Evergreen Christian Outreach Website at www.evergreenchristianoutreach.org. In the top right hand corner you will see the DONATE NOW button. Click on that button and you will be directly connected to ColoradoGives.org. Your contribution is safely and securely entered. All donations are greatly appreciated!

Presented by Community First Foundation and FirstBank, Colorado Gives Day asks you to give to your favorite charities through the website, an online giving resource featuring every nonprofit participating in Colorado Gives Day. On this website we share our goals, accomplishments and much more.

All credit card and processing fees are covered by Community First Foundation, so that **100% of your donation goes directly to Evergreen Christian Outreach**

When you give online any time on December 10, the value of your donation will be increased by the FirstBank Incentive Fund.



A program of Community First Foundation

**EChO
Evergreen Christian Outreach
P.O. Box 1515
Evergreen, CO 80437-1515**

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