ECho
Hope, Health, Security

Everyday Food Pantry Items Needed:

Food Items:

- Canned Meat & Fish
- Hearty Soups, Chili & Stews
- Canned & Dry Beans
- Canned Fruits & Vegetables
- High-Protein Snacks — peanut butter, nuts, protein bars
- Cereal & Oatmeal
- Baking Supplies & Mixes — flour, sugar, pancake mix, muffin mix
- Nutritional Drinks — Ensure, Boost, or similar products
- Cooking Essentials — cooking oil, olive oil, spices
- Condiments & Sauces — ketchup, mustard, mayo, pasta sauce
- Coffee/Tea

Other necessary Items:

- Laundry Soap
- Dish Soap
- Bar Soap
- Shampoo/Conditioner (Travel Size)
- Feminine Hygiene Products
- Razors
- Deodorant
- Shaving Cream
- Diapers
- Adult Diapers
- Reusable Bags

Donate to EChO!

303-670-1796 27888 Meadow Drive, Evergreen, CO 80439

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Holiday Food Pantry Items Needed:

- Hams & Turkeys
- Gravy & Gravy Mix
- Stuffing Mix
- Cranberry Sauce
- Canned Yams & Sweet Potatoes
- Chicken & Turkey Broth
- Dinner Rolls
- Flour
- Chicken & Vegetable Stock
- Potatoes & Instant Potatoes
- Cooking Oil
- Olives
- Holiday Side Dishes
- Christmas Candy & Holiday Treats
- Gluten-Free & Dietary-Friendly Options
- Apple Cider & Hot Cocoa
- Whipped Cream
- Sugar - for baking
- Shelf-Stable Pie Crusts
- Canned Pumpkin & Pie Fillings
- Cake, Cookie & Cornbread Mixes
- Marshmallows
- Baking Supplies

Other Necessary Items:

Refer to the other side

303-670-1796 www.evergreenchristianoutreach.org